



Consumer Disclosure about Proposed Health Insurance Rate Increase VT 2016 ACA Exchange Rate Filing

MVP Health Plan, Inc. is a health care payer operating in Vermont and New York. MVP's mission is to provide high quality and affordable health care with a focus on wellness to our members.

MVP must obtain approval from the Green Mountain Care Board for the health insurance premium rates charged. MVP files annual premium rates for the Exchange which are guaranteed for 12 months. This rate filing seeks approval of MVP's 2016 Exchange rates (effective dates of coverage beginning between January 1, 2016 and December 31, 2016).

The premium rates filed reflect MVP's current estimate of the cost to provide health insurance for that coverage period. The filed premium rates may be higher or lower than the previously filed premium rates; however, premium rates generally increase over time. Increases in premium rates are driven by many factors including increases in use of medical services by the insured population, increases in hospital and physician required charges for medical care, expanded covered services due to government mandates, fees and assessments charged by the government to insurers, and the exit of healthier individuals from the insurance market place as the cost of insurance increases.

The proposed rates reflect an average rate adjustment to prior rates of 3.0%, ranging from -1.8% to 27.3%. The 27.3% proposed increase is for the catastrophic plan, and the increase is driven by the demographics of the eligible population relative to the book of business average demographic factor. The largest increase proposed outside of the catastrophic plan is 4.2%. There are 3,324 policyholders, 4,227 subscribers and 6,417 members impacted by this rate filing.